

DO YOU SUFFER FROM DENTAL PHOBIA?



Thousands of people suffer from some degree of dental phobia. For some it is the loss of control which is most feared whilst for others it might be the fear of pain. Fear of the dentist is extremely common and for many it begins with a painful childhood experience going back years and preventing you from routinely seeing a dentist.

Unfortunately having a fear of the dentist will have a detrimental effect on your teeth and general health as your teeth will deteriorate making a visit to the dentist more urgent.

Dental anxiety can range from a mild uneasiness which most of us have experienced at some time, to acute anxiety and panic attacks. Some peoples fear may be triggered by the sound of the drill, or the thought of having to have a needle or the smells associated with dental practices.

If you are one of those we can help you. We are a specially trained dental phobia centre who are here to support and work through your fears with you. So come and see us for yourself.

Have a look around, come in for a chat and a cup of coffee - no pressure - and you'll soon see what we're all about.